



Rusk County



“Connections for Better Living”

Resource Directory 2012

For latest updates please go online to view:
www.adrcconnections.org/index_files/ruskguide.pdf

311 Miner Avenue E
Ladysmith, WI 54848
www.adrcconnections.org

Phone: (715) 532-2176
Toll-free: (888) 538-3031
Fax: (715) 532-2280
Email: adrc@ruskcountywi.us

Quick Reference	Page #
Food pantries.....	15
Heating assistance	14
Housing	21
In-home help.....	19
Lifeline.....	12
Meals on Wheels.....	15
Medicaid.....	16
Medicare	16
Medicare Part D.....	16
Memory problems.....	7
Social Security & SSI.....	26
Transportation	27
Vision.....	29
Wisconsin Do Not Call List.....	10

Table of Contents

ADRC	4
Abuse & Neglect.....	5
Advocacy/Community Organizations.....	5
Alzheimer’s Disease, Dementia & Memory Loss.....	7
Assisted Living	8
Benefit Specialists	9
Caregivers/Respite.....	9
Center for Independent Living.....	10
Consumer Protection/Fraud	10
Deaf & Hard of Hearing.....	10
Dental Resources.....	11
Emergency Needs – Housing, Gas, Food	12
Emergency Response Systems	12
Employment.....	13
Energy/Utility Assistance	14
Family Care	14
Financial Services	14
Food & Nutrition Programs	15
Health Insurance Programs.....	16

Health & Wellness	17
Home Care.....	19
Housing – Assistance/Ownership	20
Housing – Renting.....	21
Housing – Repairs/Modifications/Weatherization	22
Legal/Benefit Assistance.....	23
Medical Equipment.....	24
Medication Management.....	24
Mental Health & Substance Abuse	25
Nursing Homes	25
Senior Centers	26
Senior Dining.....	26
Senior Newspaper	26
Social Security & SSI.....	26
Support Groups.....	27
Transportation Services	27
Veterans Services	29
Vision – Blind/Low Vision.....	29
Volunteer Opportunities	30
Websites	30

What is an ADRC?

The Aging and Disability Resource Center is a public office where people can find help in their communities for older people and adults with disabilities, as well as their families and friends. Our staff is available to answer your questions and help you explore all of your options. Free, private, confidential meetings with our staff are available at the resource center, over the telephone, or in a visit to your home. Call **715-532-2176** or **1-888-538-3031**.

You can get connected to:

- **Services** You can receive information about services and get connected to them. Questions and concerns about what is available to help people continue live in their own homes or elsewhere can be discussed. Any specific problem areas can be addressed and you will be referred to the specialists who can help. Whether it is work, housing, health, insurance, eating well, or a concern about another adult we will listen and discuss your options. Staff is also available to help you apply for public programs if you are interested.
- **Choices** When aging and disabilities limit your ability to be on your own, we can discuss and advise you about in-home services, apartments, assisted living, nursing homes, and so forth. You and/or your family can meet with us to help determine what you need now and in the future, discuss the cost of options, evaluate how to pay for those services, and refer you to specialists if need be.
- **Benefits** You can receive accurate and current information on private and government benefits and programs from specialists who are experts in benefits for both elderly and disabled adults. You can receive help if you run into problems with Medicare, Social Security, or other benefits.
- **Independence** You can get connected to senior dining, meals on wheels, education about eating well, support for family caregivers, adult day services, classes on preventing falls, and managing chronic diseases such as diabetes, chronic pain, depression and so forth. Prevention may delay the need for more costly care.

This resource directory contains information on many topics, products, and programs. It should be used as an overview and general guide. No endorsements or recommendations are made by the Aging and Disability Resource Center of Barron, Rusk, and Washburn Counties.

Resource Center Staff

Information & Assistance Specialist
 Disability Benefits Specialist
 Elderly Benefits Specialist
 ADRC Supervisor
 Receptionist
 ADRC Director

Kathy Silvernale
 Hilary Neste
 Lindsay Ohmstead
 Erika Robinson
 Linda Bates
 Charlene Oftedahl

Call 715-532-2176 or visit our website www.adrcconnections.org

Abuse & Neglect

Report suspected abuse, neglect, or self-neglect of an older person or adult with a disability. Callers may choose to be anonymous. Adult Protective Services provides intervention for victims of physical abuse, financial abuse, neglect and self-neglect.

Rusk County Department of Health & Human Services (715) 532-2299
311 Miner Ave. E Ladysmith, WI 54848

Long Term Care Ombudsman (800) 815-0015
For complaints, questions and/or concerns regarding the care and the rights of residents in nursing homes and group homes.

Time-Out Family Abuse Shelter, Inc. (715) 532-6976
Crisis/support line and shelter for victims of domestic violence, sexual assault, and their families. (800) 924-0556
P.O. Box 406 Ladysmith, WI 54848

Wisconsin Division of Quality Assurance (800) 642-6552
For reporting allegations of abuse or neglect by facility staff.

Advocacy/Community Organizations

AARP Wisconsin – (American Assoc. of Retired Persons) (866) 448-3611
222 W Washington Ave. Suite 600
Madison, WI 53703

AgrAbility of Wisconsin (608) 262-9336
Services for individuals and families engaged in farming and TTY (800) 947-3529
coping with a disability. Provided at your home or farm.

AIDS Resource Center of Wisconsin (800) 750-2437
505 Dewey St S. Suite 107 Eau Claire, WI 54701

American Cancer Society (877) 423-9122
2427 N Hillcrest Pkwy. Suite 7 Altoona, WI 54720

Arthritis Foundation (800) 242-9945
1650 S 108th St. West Allis, WI 53214

Autism Society of Wisconsin (888) 428-8476
1477 Kenwood Dr. Menasha, WI 54952

Call 715-532-2176 or visit our website www.adrconnections.org

Brain Injury Association of Wisconsin (800) 882-9282
21100 W Capitol Dr. Suite 5 Pewaukee, WI 53072

Brain Injury Resource Center of Wisconsin (262) 770-4882
P.O. Box 808 Muskego, WI 53150

Coalition of Wisconsin Aging Groups (CWAG) (800) 366-2990
2850 Dairy Dr. Suite 100 Madison, WI 53718 TTY (888) 758-6047

Crossroads Literacy (715) 532-9611
Volunteer tutors to help you learn to read or understand your prescription labels and give you tips for making the most out of your doctor visits.
P.O Box 40 Ladysmith, WI 54848

Disability Rights Wisconsin (715) 736-1232
217 W Knapp St. Rice Lake, WI 54868 (877) 338-3724
TTY (888) 758-6049

Down Syndrome Association of Wisconsin (866) 327-3729
3211 S Lake Dr. Suite 311 St. Francis, WI 53235

Epilepsy Foundation of Western Wisconsin (800) 924-2105
1812 Brackett Ave. Suite 5 Eau Claire, WI 54701

Family Care & IRIS Ombudsman (877) 338-3724
For complaints, questions and/or concerns regarding the care and the rights of people (ages 18-59) receiving Family Care or IRIS.

Long Term Care Ombudsman/ Family Care (800) 815-0015
For complaints, questions and/or concerns regarding the care and the rights of residents in nursing homes, group homes, and people age 60 and older receiving Family Care.

NAMI of Barron County (National Alliance on Mental Illness)
P.O. Box 477 Rice Lake, WI 54868 (715) 736-0089

The Arc Eau Claire (developmental disabilities) (715) 514-1825
800 Wisconsin St. Mailbox 86 Eau Claire, WI 54703

United Cerebral Palsy West Central Wisconsin, Inc. (888) 845-5775
206 Water St. Eau Claire, WI 54703

Wisconsin Board for People with Developmental Disabilities
201 W Washington Ave. Suite 110 Madison, WI 53703 (888) 332-1677

Women with Courage Foundation

(715) 532-3290

Financial assistance to cancer patients.

P.O. Box 12 Ladysmith, WI 54848

Alzheimer's Disease, Dementia & Memory Loss

Local:

- **Alzheimer's Association of Greater Wisconsin** (715) 635-6601
522 Service Rd. Suite 5 Spooner, WI 54801 24 hr helpline (800) 272-3900
- **Alzheimer's Support Groups**
2nd Thursday of the month at Ladysmith Senior Center (715) 635-6601
- **Memory Care Connections** (888) 538-3031
Provide knowledge and support to people caring for their spouse with dementia.

Dementia Care Living Facilities (See Assisted Living)**MedicAlert & Safe Return**

(888) 572-8566

Emergency response service for wandering and medical emergencies.

Memory Clinics:

For the evaluation of memory problems

- **Clinics affiliated with WI Alzheimer's Institute** (715) 635-6601
- **Family Medicine Clinic** (715) 839-5175
617 W Clairemont Ave. Eau Claire, WI 54701
- **Gunderson Memory Disorders Clinic** (608) 782-7300
1900 S Ave. LaCrosse, WI 54601 (800) 362-9567
- **Marshfield Clinic** (866) 333-1996
Memory Clinics in Rice Lake, Chippewa Falls, and Eau Claire.
- **Mayo Alzheimer's Disease Center** (507) 284-2511
200 First St. SW Rochester, MN 55905

Assisted Living

Adult Family Homes

(715) 532-2176

Supervision, room and board provided. Private & semi private rooms. Homes have 2 to 4 residents. Licensed or certified. Call the ADRC for more information.

Residential Care Apartment Complexes (RCACs):

Individual apartments that provide additional services such as housekeeping, medication monitoring, dining options, and call buttons.

- **Brentwood Senior Communities** (715) 736-7400
633 Cameron Rd. Rice Lake, WI 54868
- **Maplecroft Retirement Community** (715) 537-9200
1333 E Memorial Dr. Barron, WI 54812
- **Thomas Landing** (715) 736-6060
950 Bear Paw Ave. Rice Lake, WI 54868

Community Based Residential Facilities (CBRFs):

24-hour supervision, meals, medication monitoring, personal care, semi-private, private rooms or apartments. Facilities generally have 5-25 residents. State licensed.

- **Care Partners Assisted Living** (715) 532-0818
1105 Baker Ave. Ladysmith, WI 54848
- **Country Terrace** (715) 532-6993
910 Shady Ln. Ladysmith, WI 54848
- **Lake Manor** (715) 532-6090
119 E 4th St. N Ladysmith, WI 54848
- **Monroe Manor** (715) 537-5700
508 E Monroe Ave. Barron, WI 54812
- **Our House** (715) 236-7211
415 E South St. Rice Lake, WI 54868
- **River's Edge** (715) 924-2964
251 Woodard St. Chetek, WI 54728

Memory Care Facilities:

Adult Family Homes, Community Based Residential Facilities, Residential Care Apartment Complexes, and Nursing Homes that specialize in caring for people with Alzheimer's or other dementia.

Call 715-532-2176 or visit our website www.adrcconnections.org

- **Colfax Health & Rehab Center** (715) 962-3186
1011 University Ave. Colfax, WI 54730
- **Heritage Manor** (715) 234-2161
19 W Newton St. Rice Lake, WI 54868
- **Knapp Haven Nursing Home** (715) 924-4891
725 Knapp St. Chetek, WI 54728
- **Monroe Manor** (715) 537-5700
508 E Monroe Ave. Barron, WI 54812
- **Our House Memory Care** (715) 736-0347
413 E South St. Rice Lake, WI 54868
- **Thomas Landing Memory Care** (715) 736-6060
950 Bear Paw Ave. Rice Lake, WI 54868

Nursing Homes (see Nursing Homes)

Benefit Specialists

Help for older adults and people with disabilities to solve problems with Social Security, Medicare, Medicaid and other benefit programs.

Aging & Disability Resource Center (715) 532-2176
311 Miner Ave. E Ladysmith, WI 54848 (888) 538-3031

Caregivers/Respite

(Also see Home Care, Assisted Living, and Nursing Homes for agencies that may provide weekend or short-term care.)

Family Caregiver Support Services (715) 532-2176
Provides support services to families who provide care to persons age 60 or older and to grandparents or older relatives with minor children living in their home.
ADRC 311 Miner Ave. E Ladysmith, WI 54848

Memory Care Connections (888) 538-3031
Provide knowledge and support to people caring for their spouse with dementia.

Call 715-532-2176 or visit our website www.adrcconnections.org

Center for Independent Living

Provides information and referral, peer support, independent living skills training and advocacy services for people with disabilities. ADA consultation, adaptive equipment and home modifications, financial and medical benefits consultation, housing and transportation information.

Center for Independent Living Western Wisconsin (715) 736-1800
312 W Knapp St. Suite 1 Rice Lake, WI 54868 (866) 419-1260

WisLoan (715) 736-1800
Low-interest loan for adaptive equipment. (866) 419-1260

Center for Independent Living
312 W Knapp St. Suite 1 Rice Lake, WI 54868

Consumer Protection/Fraud

Rusk County Sheriff's Department (715) 532-2189
311 Miner Ave. E Ladysmith, WI 54848

Better Business Bureau of WI, Inc. (800) 273-1002
10101 W Greenfield Ave. Milwaukee, WI 53201

Department of Agriculture, Trade & Consumer Protection (800) 422-7128
P.O. Box 8911 Madison, WI 53708 TTY (608) 224-5058

Office of the Commissioner of Insurance (800) 236-8517
P.O. Box 7873 Madison, WI 53707-7873

Wisconsin Do Not Call List (866) 966-2255

Deaf & Hard of Hearing

Center for Independent Living Western Wisconsin (715) 736-1800
312 W Knapp St. Suite 1 Rice Lake, WI 54868 (866) 419-1260

Office for the Deaf and Hard of Hearing (715) 836-2107
610 Gibson St. Suite 1 Eau Claire, WI 54701 V/TTY (888)701-1254

Telecommunication Equipment Purchase Program (TEPP)

Helps persons who are deaf, hard of hearing, speech impaired, deaf with low vision, or deaf/blind purchase telecommunication equipment.

Contact for an application:

Wisconsin Public Service Commission

(608) 231-3305

P.O. Box 7854 Madison, WI 53707

V/TTY (800) 251-8345

Madison, WI 53707

Wisconsin Telecommunications Relay Systems

Allows a text telephone to be used by someone who may be deaf, hard of hearing or speech impaired to call or be called by virtually anyone using a voice telephone. Calls may be placed 24 hours a day, 7 days a week. All calls are confidential.

Voice	711 or (800) 947-6644
TTY	711 or (800) 947-3529
ASCII	711 or (800) 272-1773
Speech to Speech	711 or (800) 833-7637
Spanish only	711 or (800) 833-7813

Dental Resources

Dental providers listed serve all patients, regardless of ability to pay or insurance status.

Ladysmith Dental Center (715) 532-2500

315 Miner Ave. W Ladysmith, WI 54848

Rice Lake Dental Center (715) 236-8900

1501 W Stout St. Rice Lake, WI 54868

Northwoods Community Health Center- Dental Clinic (715) 934-2224

15910 W Company Lake Rd. Hayward, WI 54843

Affordable Dentures (715) 855-1020

4850 Keystone Crossing, Eau Claire, WI 54701

Donated Dental Services (866) 812-9840

Volunteer dentist in your area.

P.O. Box 14173 West Allis, WI 53214

Emergency Needs – Housing, Gas, Food

(Also see Food & Nutrition Programs, Housing)

911 – Police, Sheriff, Fire and Rescue emergencies, call 911.

American Red Cross Western Wisconsin Chapter (715) 234-4888
 101 N Wilson Ave. Rice Lake, WI 54868 After hrs. emergency (800) 261-4182

Area Clergy Association (715) 532-3813
 Pastor Darnell Curran

Harvest of Hope Fund (608) 836-4633
 Emergency needs for food, home heating fuel, medical expenses,
 re-training, and other immediate situations for farm families.
 7118 Old Sauk Rd. Madison, WI 53717

Rural Housing, Inc. (888) 400-5974
 Critical housing assistance.
 4506 Regent St. Madison, WI 53705

Salvation Army (715) 532-2299
 Emergency funds through:
Rusk County Department of Health & Human Services
 Contact Irene Lehman, 311 Miner Ave. E Ladysmith, WI 54848

The Lighthouse Org (715) 532-6822
 Critical housing/rental assistance.
 311 Miner Ave. E Ladysmith, WI 54848

Emergency Response Systems

Personal Emergency Response Systems allows individuals to call for assistance at the touch of a button. Call button can be worn as a pendant or wristband. Additional features may be available.

Alpine Medical Alert (no landline needed) (877) 546-2349
 331 S Main St. Ste. E Rice Lake, WI 54868

Chippewa Valley Electric-CareCall (715) 239-6800
 P.O. Box 575 Cornell, WI 54732 (800) 300-6800

Call 715-532-2176 or visit our website www.adrconnections.org

Companion Solutions, LLC (715) 651-5388
2972 28 7/16 St. Birchwood, WI 54817

Lakeview Medical Center-Lifeline (715) 236-6209
1700 W Stout St. Rice Lake, WI 54868

MedicAlert & Safe Return (888) 572-8566
Emergency response service for wandering and medical emergencies.

Employment

Job training, counseling and employment opportunities for older adults, veterans, and people with disabilities.

Rusk County Job Center (715) 532-2700
Provides assistance for employers and individuals seeking employment.
108 W 2nd St. N Ladysmith, WI 54848

Programs located at the Rusk County Job Center:

- **Division of Vocational Rehabilitation (DVR)** (715) 532-2709
Provides employment services and counseling to people with disabilities.
- **Northwest Wisconsin Concentrated Employment Program, Inc.**
Office hours at Rusk County Job Center. (715) 532-2700

Experience Works (715) 635-2298
Employment for adults over 60 with limited income.

Stout Vocational Rehabilitation Institute (715) 232-2513
Private pay vocational evaluation & training.
101 Vocational Rehabilitation Menomonie, WI 54751

Venture's Unlimited
Vocational Day Program. Locations in Hayward & Rice Lake.
Hayward (715) 934-3035
Cameron (715) 458-5005

Westlake Enterprises (715) 532-5686
Vocational services for people with developmental disabilities.
1502 E 16th St. S Ladysmith, WI 54848

Energy/Utility Assistance

Energy Assistance Program (715) 532-2299

Provides financial assistance with heating bills for income-eligible households.

Rusk County Department of Health and Human Services

311 Miner Ave. E Ladysmith, WI 54848

Lifeline & Link-Up Program

To apply, contact your local telephone company and say you want to apply for the Lifeline & Link-up programs for Wisconsin. Lifeline and Link-up are programs designed to help low-income people or people on a fixed income, reduce their phone bill and assist with telephone service connection and installation. Eligible customers must be in a low-income household or receive a benefit from one of the following: Wisconsin Works, Medicaid, Supplemental Security Income (SSI), FoodShare, Energy Assistance, or Homestead Credit. This program does not assist with past-due bills.

SafeLink Wireless (800) 977-3768

Free cellular service and phone through Lifeline, for low-income persons.

USDA Rural Development (715) 635-8228

Provides low-interest loans for home weatherization.

800 N Front St. Room 102 Spooner, WI 54801

Family Care

Services are provided to give people an alternative to nursing home care. Eligibility is based on functional ability as well as income and assets.

Aging & Disability Resource Center (715) 532-2176

311 Miner Ave. E Ladysmith, WI 54848

(888) 538-3031

Financial Services

Catholic Charities (715) 832-6644

Financial counseling, debt repayment, and budget counseling.

204 E Grand Ave. Eau Claire, WI 54701

Free Budget Counseling (715) 532-2151

UW-Extension Office

311 Miner Ave. E Ladysmith, WI 54848

Family Means (800) 780-2890
 Consumer credit counseling, financial counseling, debt repayment, and education.
 2143 East Ridge Center Eau Claire, WI 54701

House Calls, Inc. (715) 232-6475
 Representative payee services.
 P.O. Box 361 Menomonie, WI 54751

Payee Services, Inc. (715) 233-0203
 Representative payee services.
 P.O. Box 26 Menomonie, WI 54751

Seboe Services, Inc. (715) 434-1042
 Representative payee services.
 P.O. Box 651 Rice Lake, WI 54868

Food & Nutrition Programs

Meals on Wheels (715) 532-2176
 ADRC 311 Miner Ave. E Ladysmith, WI 54848

FoodShare (715) 532-2299
 A Federal program that provides monthly benefits to help low-income households buy food. (To see if eligible or to apply go online: www.access.wi.gov)

Rusk County Department of Health and Human Services
 311 Miner Ave. E Ladysmith, WI 54848

Food Pantries & Meals:

▪ **Bruce Food Pantry** (715) 868-6010
 On-call food pantry.

▪ **Hope Lutheran Church Food Pantry** (715) 532-7739
 321 S 1st St. S Ladysmith, WI 54848
 Monday, 1:30 p.m.-3:00 p.m., Wednesday & Friday, 9:30 a.m.-11:30 a.m.

▪ **Indianhead Community Action Agency** (715) 532-7542
 209 E 3rd St. Ladysmith, WI 54848
 Monday - Friday, 10:00 a.m.- 4:00 p.m.

▪ **Manna Meal** (715) 532-7739
 321 S 1st St. S Ladysmith, WI 54848
 Meal served 4th Thursday of the month, 5:00 p.m.-6:00 p.m.

Call 715-532-2176 or visit our website www.adrcconnections.org

Grocery Shopping Assistance (check with local grocer for delivery service)

Harvest of Hope Fund (608) 836-4633
 Emergency needs for food, home heating fuel, medical expenses, re-training, and other immediate situations for farm families.
 7118 Old Sauk Rd. Madison, WI 53717

Liquid Nutritional Supplements (715) 532-2176
 ADRC 311 Miner Ave. E Ladysmith, WI 54848

SHARE Program (800) 548-2124
 A co-op food purchasing program. Monthly food packages of 15-18 items for \$15 a month and 2 hours of community service.

Health Insurance Programs

Medical Assistance (Medicaid) (715) 532-2299
Rusk County Department of Health and Human Services
 311 Miner Ave. E Ladysmith, WI 54848

Medicaid & SSI Recipient Service Hotline (800) 362-3002
 Answers questions for those receiving Medicaid including coverage, billing and prior authorization. Also provides referrals to dentist/dental services who accept Medicaid.

Medicare & Medicare Part D Information:

- **Medicare National Information Line** (800) 633-4227
- **Aging & Disability Resource Center** (715) 532-2176
- **Disability Drug Benefit Helpline** (800) 926-4862
- **Medicare Part D Information Line** (866) 456-8211

Insurance Benefit Problems (715) 532-2176
 Benefit Specialist Programs
 ADRC 311 Miner Ave. Suite E Ladysmith, WI 54848

Prescription Assistance Resources (715) 532-2176
 ADRC 311 Miner Ave. Suite E Ladysmith, WI 54848

SeniorCare (800) 657-2038
 A prescription program for Wisconsin residents age 65 or older. (715) 532-2176
 There are three levels of program participation, which is dependent on income.

ABC for Health Inc. (715) 485-8525
 Free health benefits counseling for low-income families and rural families.
 100 Polk County Plaza Ste 180 Balsam Lake, WI 54810

Health Insurance Risk Sharing Plan (HIRSP) (800) 828-4777
 Offers health insurance to Wisconsin residents who, due to their medical conditions, are unable to find adequate health insurance coverage in the private market.
 6406 Bridge Rd., Suite 18 Madison, WI 53784

Medicare Fraud:

- **Aging & Disability Resource Center** (715) 532-2176
- **Coalition of Wisconsin Aging Groups (CWAG)** (800) 366-2990
- **Medicare Information Line** (800) 633-4227

Medigap Insurance Policies Helpline (800) 242-1060
 Information on supplemental insurance policies and health insurance questions.

Office of the Commissioner of Insurance for Wisconsin (800) 236-8517
 Regulates and enforces insurance laws, agent licensing and investigates complaints.
 P.O. Box 7873 Madison, WI 53707-7873

Social Security Administration (888) 823-3923
 1703 W Knapp St. Rice Lake, WI 54868

Health & Wellness

Rusk County Department of Health & Human Services (715) 532-2299
Public Health Office
 311 Miner Ave. E Ladysmith, WI 54848

Clinics:

- **Marshfield Clinic Ladysmith Center** (715) 532-2300
 906 W College Ave. Ladysmith, WI 54848
- **Marshfield Clinic Rice Lake Center** (800) 442-4268
 1700 W Stout St. Rice Lake, WI 54868

Call 715-532-2176 or visit our website www.adrconnections.org

- **Mayo Clinic Rice Lake** (715) 537-6747
331 S Main St. Suite H Rice Lake, WI 54868
- **Northwoods Community Health Center** (715) 634-2541
11128 N State Hwy 77 Hayward, WI 54843
Sliding fee scale
- **Open Door Free Clinic** (715) 720-1443
First Presbyterian Church 130 W Central St. Chippewa Falls, WI 54729
Tuesday afternoon & evening
- **Rice Lake Area Free Clinic** (715) 736-3733
Medical Arts Bldg. 1035 N Main St. Rice Lake, WI 54868
2nd & 4th Tuesday of every month, 5:00-9:00 pm

Hospitals:

- **Hayward Area Memorial Hospital** (715) 934-4321
11040 N State Rd. 77 Hayward, WI 54843
- **Lakeview Medical Center** (715) 234-1515
1700 W Stout St. Rice Lake, WI 54868
- **Luther Hospital** (715) 838-3311
1221 Whipple St. Eau Claire, WI 54702
- **Rusk County Memorial Hospital** (715) 532-5561
900 W College Ave. Ladysmith, WI 54848
- **Sacred Heart Hospital** (715) 839-4121
900 W Clairemont Ave. Eau Claire, WI 54701
- **St. Joseph's Hospital** (715) 723-1811
2661 County Hwy I Chippewa Falls, WI 54729

Living Well with Chronic Conditions Workshop (715) 532-2176
ADRC 311 Miner Ave. E Ladysmith, WI 54848

Orthopedic & Spine Therapy of Ladysmith (715) 532-3439
711 W 9th St. N Ladysmith, WI 54848

Silver Sneakers

Provides a free fitness center membership to older adults whose health insurance plan participates. Check with your local health plan and fitness facility.

Call 715-532-2176 or visit our website www.adrconnections.org

Stepping On Falls Prevention Workshop (715) 532-2176
ADRC 311 Miner Ave. E Ladysmith, WI 54848

The Wisconsin Tobacco Quit Line (800) 784-8669
 Free information on quitting smoking, one-on-one telephone counseling, and referrals to local programs.

Toenail Clipping (715) 532-2299
Rusk County Public Health Office
 311 Miner Ave. E Ladysmith, WI 54848

Wisconsin Well Woman Program (715) 532-2299
 Pays for Mammograms and other screenings for women age 45-64.
Rusk County Public Health Office
 311 Miner Ave. E Ladysmith, WI 54848

Home Care

Licensed Home Health Agencies

Licensed home health agencies offer in-home skilled nursing, therapy services and personal care.

- **Flambeau Home Health & Hospice** (715) 339-4371
 104 Trinity Dr. Phillips, WI 54555
- **Indianhead Home Health/Home Services** (715) 532-5594
 209 E 3rd St. Ladysmith, WI 54848
- **Mayo Clinic Health System Home Health & Hospice** (715) 458-0803
 1443 E Division Ave. Barron, WI 54812
- **Rusk County Home Health Care** (715) 532-2299
 311 Miner Ave. E Ladysmith, WI 54848

In-home help:

Non-medical services such as bathing, homemaking, chores, transportation, meal preparation, respite care, companionship, errands. There is no licensure or regulation for supportive in-home agencies.

- **GEMINI Cares, Inc.** (877) 854-1411
 P.O. Box 302 Cable, WI 54821

- **Hearts of Compassion Hands to Serve** (715) 945-2083
P.O. Box 13127 Hayward, WI 54843
- **Indianhead Home Health/Home Services** (715) 532-5594
209 E 3rd St. Ladysmith, WI 54848
- **Mayo Clinic Health System Home Health & Hospice** (715) 458-0803
1443 E Division Ave. Barron, WI 54812
- **Nicolett Staffing Supportive Home Care** (715) 532-9202
619 W Lake St. Ladysmith, WI 54848

Hospice

Home health and support services for the terminally ill and their families.

- **Flambeau Home Health & Hospice** (715) 339-4371
104 Trinity Dr. Phillips, WI 54555
- **Hope Hospice and Palliative Care** (877) 375-0919
Covers southeastern Rusk County.
- **Lakeview Medical Center Hospice Care** (715) 236-6256
1700 W Stout St. Rice Lake, WI 54868
- **Mayo Clinic Health System Home Health & Hospice** (715) 458-0803
1443 E Division Ave. Barron, WI 54812
- **Rusk County Home Health Care** (715) 532-2299
311 Miner Ave. E Ladysmith, WI 54848
- **St. Joseph's Hospital Home Hospice** (800) 726-3485
2661 County Hwy I Chippewa Falls, WI 54729

Housing – Assistance/Ownership

Help with escrow, taxes, purchase, and information.

Rusk County Habitat for Humanity (715) 532-5111
201 Miner Ave. Ladysmith, WI 54848

Movin Out, Inc. (877) 861-6746
Member of household must have a permanent disability.
600 Williamson St. Madison, WI 53703

Call 715-532-2176 or visit our website www.adrconnections.org

Property Tax Deferral Loan Program

Must be 65+. Applications may be obtained by contacting:

WHEDA

P.O. Box 1728 Madison, WI 53701-1728

(800) 755-7835

TTY: (800) 943-9430

Rural Housing, Inc.

Critical housing assistance.

4506 Regent St. Madison, WI 53705

(888) 400-5974

USDA Rural Development

800 N Front St. Room 102 Spooner, WI 54801

(715) 635-8228

Contact local school district to see if they offer seniors property tax credit in exchange for volunteering with students.

Housing – Renting

Senior Apartments:

- **Brentwood Senior Communities** (715) 736-7400
633 Cameron Rd. Rice Lake, WI 54868
- **Care Properties** (715) 234-7719
1635 Kern Ave. Rice Lake, WI 54868
- **Maplecroft Retirement Community** (715) 537-9200
1333 E Memorial Dr. Barron, WI 54812
- **Pelican Place Apartments** (715) 924-4891
708 Tainter St. Chetek, WI 54728
- **Thomas Landing** (715) 736-6060
950 Bear Paw Ave. Rice Lake, WI 54868

Subsidized Apartments:

Federally subsidized apartments for seniors, age 62+ and/or adults with disabilities who are capable of living independently.

- **Bruce Housing Authority** (715) 868-4731
503 N Coleman St. Bruce, WI 54819
Parksite Apartments

Call 715-532-2176 or visit our website www.adrconnections.org

- **Greenwood Manor** (715) 532-7543
710 Miner Ave. W Ladysmith, WI 54848

- **Impact Seven** (800) 685-9353
147 Lake Almena Dr. Almena, WI 54805
Main Creek Villa, Conrath
Neil Rasmussen Manor, Glen Flora
William Bechtel Villa, Ladysmith

- **Ladysmith Housing Authority** (715) 532-7076
705 E 4th St. S Ladysmith, WI 54848
Ruskhaven Apartments

- **Rusk County Housing Authority** (715) 532-6822
311 Miner Ave. E Ladysmith, WI 54848
Heuer's Hourbor, Weyerhaeuser
Hilltop Manor, Bruce
Lacy Street Apartments, Sheldon
Norman Kahl Apartments, Ladysmith
Tamarack Terrace, Hawkins

- **Impact Seven** (715) 357-3334
147 Lake Almena Dr. Almena, WI 54805
Joseph Vinopal Villa, Almena
BARC Lane, Chetek serves developmentally disabled
Pioneer Housing & Scott Terrace, Prairie Farm
James Bank Manor, Cameron

Subsidized Rent Vouchers:

- **Central WI Community Action Council** (608) 254-8353

Housing – Repairs/ Modifications/Weatherization

- Bruce Community Block Grant** (715) 868-9356

- Center for Independent Living** (715) 736-1800
Options for home accessibility. (866) 419-1260
312 W Knapp St. Suite 1 Rice Lake, WI 54868

- Movin Out, Inc.** (877) 861-6746
Member of household must have a permanent disability.
600 Williamson St. Madison, WI 53703

Call 715-532-2176 or visit our website www.adrconnections.org

Ladysmith Community Block Grant	(715) 635-2197
Rusk County Community Block Grant Program	(715) 532-2271
Tomorrow's Home Foundation Manufactured/mobile homes. 301 N Broom St. Suite 101 Madison, WI 53703	(608) 255-3131
USDA Rural Development 800 N Front St. Room 102 Spooner, WI 54801	(715) 635-8228
WisLoan Adaptive equipment.	(715) 736-1800 (866) 419-1260
Center for Independent Living 312 W Knapp St. Suite 1 Rice Lake, WI 54868	

Legal/Benefit Assistance

Benefit Specialists Assistance with Social Security, Medicare, Medicaid, and other benefit programs. For people over 60 and adults with disabilities. ADRC 311 Miner Ave. E Ladysmith, WI 54848	(715) 532-2176
Disability Rights Wisconsin 217 W Knapp St. Rice Lake, WI 54868	(715) 736-1232 (877) 338-3724 TTY (888) 758-6049
Helping Hands Family Services, Inc. Corporate guardianship services. P.O. Box 21 Hayward, WI 54843	(715) 462-9630
House Calls, Inc. Representative payee services & corporate guardianship services. P.O. Box 361 Menomonie, WI 54751	(715) 232-6475
Safekeeping Guardianship Inc. Corporate guardianship services. 103 E Miner Ave. Ladysmith, WI 54848	(715) 403-0451
Wisconsin Guardianship Support Center Coalition of Wisconsin Aging Groups	(800) 488-2596

Wisconsin Judicare, Inc. (800) 472-1638
 Legal services program for low-income persons.
 P.O. Box 6100 Wausau, WI 54402

Wisconsin State Bar Association Lawyer Referral & Information Services (800) 362-9082
 Does not provide referrals for pro-bono or reduced rates.

Medical Equipment

Wheelchairs, hospital beds, grab bars, medical supplies, etc.

Center for Independent Living Western Wisconsin (715) 736-1800
 312 W Knapp St. Suite 1 Rice Lake, WI 54868 (866) 419-1260

Loan Closet (715) 532-2176
 Used medical equipment such as wheelchairs, walkers, etc. Donations are welcome.
 ADRC 311 Miner Ave. E Ladysmith, WI 54848

Express Medical (715) 532-5154
 312 W 9th St. N Suite 2 Ladysmith, WI 54848

Wheelchair Recycling Program (608) 243-1785
 Low-cost & refurbished mobility and medical equipment.
 2554 Advance Rd. Madison, WI 53718

Medication Management

Alpine Medical Alert, Inc. (877) 546-2349
 Medication dispenser & reminder service.
 331 S. Main St. Suite E #217 Rice Lake, WI 54868

Disposal Options:

▪ **Medication Return Site** (715) 532-2189
 Rusk County Sheriff's Office. Call to arrange drop off or pick up.

Prescription Drug Plan Selection Assistance (715) 532-2176
 ADRC 311 Miner Ave. E Ladysmith, WI 54848

RXMedMinders Telephone Reassurance Calls (608) 963-1334
 1 to 3 call reminders to take medications per day.

Call 715-532-2176 or visit our website www.adrcconnections.org

Mental Health & Substance Abuse

Local Crisis Phone Number	(888) 636-6655
Alcoholics Anonymous & Alanon-Bruce	(715) 868-2019
Alcoholics Anonymous & Alanon-Ladysmith	(715) 405-0971
Rusk County Department of Health & Human Services Behavioral Health Services 311 Miner Ave. E Ladysmith, WI 54848	(715) 532-2299
NAMI (National Alliance for the Mentally Ill) 119 W Humbird St. Rice Lake, WI 54868	(715) 736-0089
Narcotics Anonymous Support groups around Rusk County.	(800) 240-0276
Wisconsin Council on Problem Gambling 1423 Kellogg St. Green Bay, WI 54303	(800) 426-2535
Wisconsin Sowing the Seeds of Hope Program Counseling assistance to farmers. P.O. Box 8911 Madison, WI 53708	(800) 942-2474

Check your local phone book for counseling agencies.

Nursing Homes (Skilled Nursing Facilities)

For assistance in paying for nursing home care, information on area nursing homes, or home care options to nursing home placement contact:

Aging & Disability Resource Center 311 Miner Ave. E Ladysmith, WI 54848	(715) 532-2176 (888) 538-3031
Cornell Area Care Center 320 N 7 th St. Cornell, WI 54732	(715) 239-6288
Ladysmith Nursing Home 1001 E 11 th St. N Ladysmith, WI 54848	(715) 532-5546
Rusk County Memorial Hospital & Nursing Home 900 W College Ave. Ladysmith, WI 54848	(715) 532-5561

Call 715-532-2176 or visit our website www.adrconnections.org

Senior Centers

Provide recreation activities for older adults, cards, crafts, dancing, trips, movies, exercise, delicious meals, etc.

Ladysmith Senior Center (715) 532-2638
825 E 3rd St. N Ladysmith, WI 54848 (Fairgrounds)

Senior Dining

Delicious and nutritious meals provided at senior centers and other community places Monday-Friday.

Bruce Center (Parksite Apts.) (715) 868-3411
503 N Coleman St. Bruce, WI 54819

Hawkins Center (715) 585-2381
509 Main St. Hawkins, WI 54530

Ladysmith Senior Center (Fairgrounds) (715) 532-2638
825 E 3rd St. N Ladysmith, WI 54848

Sheldon Center (715) 452-5484
W5594 Main St. Sheldon, WI 54766

Senior Newspaper

The SOURCE – A free monthly publication for Rusk County seniors and caregivers providing information on local service organizations and activities.

ADRC 311 Miner Ave. E Ladysmith, WI 54848 (715) 532-2176

Social Security & SSI

For information about Social Security, Medicare or Supplemental Security Income (SSI), contact:

Social Security Administration (888) 823-3923
1703 W Knapp St. Rice Lake, WI 54868

Call 715-532-2176 or visit our website www.adrcconnections.org

Support Groups

Alcoholics Anonymous & Alanon-Bruce	(715) 868-2019
Alcoholics Anonymous & Alanon-Ladysmith	(715) 405-0971
Alzheimer's Disease Support Group Aging & Disability Resource Center	(715) 635-6601
Cancer Support Group Marshfield Clinic, Ladysmith	(715) 532-2300
Chronic Pain Support Group Marshfield Clinic, Ladysmith	(715) 532-2300
Diabetes Information & Support Group Marshfield Clinic, Ladysmith	(715) 532-2365
Grandparents Re-enlisting Again Rice Lake	(715) 651-3720
NAMI (National Alliance for the Mentally Ill) Rice Lake	(715) 736-0089
Narcotics Anonymous Support groups around Rusk County.	(800) 240-0276
Ostomy Support Group Rice Lake & Spooner	(715) 637-5020
Stroke Support Group Rusk County Memorial Hospital, Ladysmith	(715) 532-5561 ext. 287

Hospice agencies may provide grief support groups.

Transportation Services

Medical – Non-Emergency: (*Lift-equipped available)

- **LogistiCare Solutions, LLC***
For persons on Medical Assistance.
(866) 907-1493

Call 715-532-2176 or visit our website www.adrconnections.org

- **Veterans Service Office (to VA Hospital/Clinic)** (715) 532-2299
311 Miner Ave. E Ladysmith, WI 54848
- **American Cancer Society's Road-To-Recovery** (877) 423-9128
Transportation to cancer treatment.
- **Key Care*** (715) 532-3727
119 E 4th St. N Ladysmith, WI 54848
- **Wrightway Medical Transport*** (715) 642-3951
901 25 ¼ St. Chetek, WI 54728

Local Transportation: (*Lift-equipped available)

- **Indianhead Transit & Mobility Management** (715) 532-5031
Volunteer drivers. Free, personal assistance in finding transportation resources that meet your needs.
209 E 3rd St. Ladysmith, WI 54848

Other Transportation Related Resources:

- **Center for Independent Living Western Wisconsin** (877) 577-8452
Transportation voucher program (volunteer drivers).
- **A&J Mobility** (715) 833-9830
Automobile and van adaptations.
3405 Truax Ct. Eau Claire, WI 54703
- **Disabled Parking Permit** (608) 266-3041
Wisconsin Motor Vehicle Dept. P.O. Box 7306 Madison, WI 53707
- **Jefferson Bus Lines** (800) 451-5333
Eau Claire to Duluth, with stops in between, including Rice Lake
- **NWT Express (to Twin Cities for any reason)** (877) 698-3977
15954 River's Edge Dr. Hayward, WI 54843
- **Chippewa Valley Shuttle Service (airport only)** (877) 811-4211
Pick up at Market Place Foods, Rice Lake, WI 54868
- **The Master's Driving School** (715) 532-0327
Driver evaluation and training for people with disabilities.
W7366 Flambeau Point Rd. Ladysmith, WI 54848

See also Home Care for agencies who provide transportation.

Call 715-532-2176 or visit our website www.adrconnections.org

Veterans Services

Hayward VA Clinic 15954 Rivers Edge Dr. Hayward, WI 54843	(715) 934-5454
Minneapolis VA Medical Center Transportation available, call VSO	(612) 725-2000 (715) 532-2299
Rice Lake VA Medical Clinic 2700A College Dr. Rice Lake, WI 54868	(715) 236-3355
Veterans Service Office 311 Miner Ave. E Ladysmith, WI 54848	(715) 532-2299
Wisconsin Veteran's Home – Union Grove, Community-Based Residential Facility 21425 D Spring St. Union Grove, WI 53182	(262) 878-5670
Wisconsin Veteran's Home – King, Nursing Home N2665 County Rd. QQ King, WI 54946	(715) 258-5586

Vision – Blind/Low Vision

Office for the Blind and Visually Impaired Free directory assistance exemption service & free home assessments from rehabilitation specialist. P.O. Box 7851 Madison, WI 53707	(888) 879-0017
Aging & Disability Resource Center Free large-print calendars.	(715) 532-2176
Center for Independent Living Western Wisconsin 312 W Knapp St. Suite 1 Rice Lake, WI 54868	(715) 736-1800 (866) 419-1260
Hadley School for the Blind Distance learning courses. 700 Elm St. Winnetka, IL 60093	(800) 323-4238
Wisconsin Council of the Blind & Visually Impaired Free canes. 754 Williamson St. Madison, WI 53703	(800) 783-5213 Sharper Vision Store (608) 237-8100

Call 715-532-2176 or visit our website www.adrconnections.org

Wisconsin Talking Book & Brail Library
813 W Wells St. Milwaukee, WI 53233

(800) 242-8822

Volunteer Opportunities

Contact the ADRC for a list of volunteer opportunities. (715) 532-2176

Websites

Internet access is available at no cost at the local libraries. If you do not have access to the Internet or require additional assistance accessing information off the Internet, please contact the Aging & Disability Resource Center and one of our Information & Assistance Specialists will assist you.

Alzheimer's Resources

Alzheimer's Association

www.alz.org

Alzheimer's Disease Education and Referral

www.alzheimers.org

WI Adult Day Services Association

www.wadsa.org

Benefits

Medicare

www.medicare.gov

Social Security Administration

www.ssa.gov

Wisconsin ACCESS

www.access.wi.gov

Blind/ Low Vision

Office for the Blind and Visually Impaired

www.dhs.wisconsin.gov/blind

Lighthouse International

www.lighthouse.org

Wisconsin Council of the Blind

www.wcblind.org

Caregiver Resources

National Alliance for Caregiving

www.caregiving.org

National Center on Caregiving

www.caregiver.org

National Family Caregivers Association

www.nfcacares.org

Caregiver Stress

www.caregiverstress.com

Wisconsin Family Caregiver Support Program

www.wisconsin caregiver.org

Deaf & Hard of Hearing

Office for Deaf and Hard of Hearing

www.dhs.wisconsin.gov/sensory

Wisconsin Association of the Deaf

www.wi-deaf.org

Call 715-532-2176 or visit our website www.adrcconnections.org

Employment

Department of Workforce Development

www.dwd.state.wi.us**Government**

Wisconsin Official State Government Site

www.wisconsin.gov

Legislative Hotline

www.legis.state.wi.us**Health Information**

Medline Plus

www.medlineplus.gov

NIH Senior Health

www.nihseniorhealth.gov

Rare Diseases

www.rarediseases.org

Webmd

www.webmd.com**Organizations**

AARP

www.aarp.org

Administration on Aging

www.aoa.dhhs.gov

Coalition of Wisconsin Aging Groups

www.cwag.org

Insurance Commissioner

www.oci.wi.gov

Greater Wisconsin Area Agency on Aging Resources

www.gwaar.org

WI Dept. of Health Services-Aging Services

www.dhs.wisconsin.gov/aging

WI Dept. of Health Services-Disability Services

www.dhs.wisconsin.gov/disabilities