



Barron County



“Connections for Better Living”

Resource Directory 2012

For latest updates please go online to view:
www.adrcconnections.org/index_files/barronguide.pdf

**330 E LaSalle Avenue, Room 100
Barron, WI 54812-1572
www.adrcconnections.org**

**Phone: (715) 537-6225
Toll-free: (888) 538-3031
Fax: (715) 537-6842
Email: adrc@co.barron.wi.us**

Aging & Disability Resource Center	537-6225
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Information & Assistance Specialist

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Disability Benefit Specialist

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Elderly Benefit Specialist

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Charlene Oftedahl

Veteran's Service Office	537-6290
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What is an ADRC?

The Aging and Disability Resource Center (ADRC) is a public office where people can find help in their communities for older people and adults with disabilities, as well as their families and friends. Our staff is available to answer your questions and help you explore all of your options. Free, private, confidential meetings with our staff are available at the resource center, over the telephone, or in a visit to your home. Call **715-537-6225** or **1-888-538-3031**.

You can get connected to:

- **Benefits counseling** – Accurate and current information on private and government benefits and programs. “Red tape cutters” on problems related to Medicare, Social Security, and other benefits.
- **Equipment loan closet** – Short term rental of commodes, bath benches, walkers, wheelchairs, etc. \$10.55 each for three months.
- **Family caregiver services** – Consultation with individuals and families, support group, respite programs, Daybreak adult day care, educational materials.
- **Incontinence supplies** – Available to people 60 and older at reduces prices.
- **Information and connections** – Answers to questions and assistance in locating needed help.
- **Informational lending library** – Books, CDs, tapes, pamphlets, brochures.
- **Liquid nutritional supplements** – Available at reduced prices to people 60 years and older who have a doctor’s prescription for the products.
- **Long-term care options counseling** – Consultation and advice about the options available to meet an individual’s long-term care needs, including enrollment into managed care benefits (Family Care and IRIS).
- **Meals-on-Wheels** – Meals are delivered to homebound seniors; volunteers also check on well-being of seniors. Suggested donation: \$4.00.
- **Medicare/supplemental insurance counseling** – Help seniors with filing claims, solving claim errors, appealing decisions, and understanding and comparing supplemental health insurance policies.
- **Memory care connections** – Support for spouses caring for a loved one with Alzheimer’s disease at home.
- **Private-pay caregiver hiring** – Families needing to hire a caregiver can review job applications completed by caregivers seeking work. Families use their private funds to directly pay caregivers.
- **Senior dining** – Healthy, appetizing meals served at senior centers. Opportunity for networking, visiting with friends, volunteering. Suggested donation: \$3.50.
- **Tax-aid** – Help with filing Wisconsin Homestead Tax and income tax returns.
- **Transportation** – Information about public transportation and volunteer drivers.

This resource directory contains information on many topics, products, and programs. It should be used as an overview and general guide. No endorsements or recommendations are made by the Aging and Disability Resource Center of Barron, Rusk, and Washburn Counties.

Call 715-537-6225 or visit our website www.adrcconnections.org

Abuse & Neglect

Report suspected abuse, neglect, or self-neglect of an older person or adult with a disability. Callers may choose to be anonymous. Adult Protective Services provides intervention for victims of physical abuse, financial abuse, neglect and self-neglect.

Barron County Department of Health & Human Services (715) 537-5691
Adult Protective Services
 330 E LaSalle Ave., 3rd Floor, Barron, WI 54812

Barron County Domestic Abuse Project (715) 537-6334
 Advocacy for survivors and victims of domestic abuse. After-hours: (888) 552-6642

Long Term Care Ombudsman (800) 815-0015
 For complaints, questions and/or concerns regarding the care and the rights of residents in nursing homes and group homes.

Sexual Assault Victim's Advocate (715) 236-6151
 1035 N Main St. Rice Lake, WI 54868

Time-Out Family Abuse Shelter, Inc. (715) 532-6976
 Crisis/support line and shelter for victims of domestic violence, sexual assault, and their families. (800) 924-0556
 P.O. Box 406 Ladysmith, WI 54848

Wisconsin Division of Quality Assurance (800) 642-6552
 For reporting allegations of abuse or neglect by facility staff or home health care workers.

Advocacy/Community Organizations

AARP Wisconsin – (American Assoc. of Retired Persons) (866) 448-3611
 222 W Washington Ave. Suite 600 Madison, WI 53703

AgrAbility of Wisconsin (608) 262-9336
 Services for individuals and families engaged in farming and coping with a disability. Provided at your home or farm. TTY (800) 947-3529

AIDS Resource Center of Wisconsin (800) 750-2437
 505 Dewey St S. Suite 107 Eau Claire, WI 54701

American Cancer Society (877) 423-9122
 2427 N Hillcrest Pkwy. Suite 7 Altoona, WI 54720

Arthritis Foundation 1650 S 108 th St. West Allis, WI 53214	(800) 242-9945
Autism Society of Wisconsin 1477 Kenwood Dr. Menasha, WI 54952	(888) 428-8476
Brain Injury Association of Wisconsin 21100 W Capitol Dr. Suite 5 Pewaukee, WI 53072	(800) 882-9282
Brain Injury Resource Center of Wisconsin P.O. Box 808 Muskego, WI 53150	(262) 770-4882
Coalition of Wisconsin Aging Groups (CWAG) 2850 Dairy Dr. Suite 100 Madison, WI 53718	(800) 366-2990 TTY (888) 758-6047
Disability Rights Wisconsin 217 W Knapp St. Rice Lake, WI 54868	(715) 736-1232 (877) 338-3724 TTY (888) 758-6049
Down Syndrome Association of Wisconsin 3211 S Lake Dr. Suite 311 St. Francis, WI 53235	(866) 327-3729
Epilepsy Foundation of Western Wisconsin 1812 Brackett Ave. Suite 5 Eau Claire, WI 54701	(800) 924-2105
Family Care & IRIS Ombudsman For complaints, questions and/or concerns regarding the care and the rights of people (ages 18-59) receiving Family Care or IRIS.	(715) 736-1232 (877) 338-3724
Long Term Care Ombudsman/ Family Care For complaints, questions and/or concerns regarding the care and the rights of residents in nursing homes, group homes, and people age 60 and older receiving Family Care.	(800) 815-0015
NAMI of Barron County (National Alliance on Mental Illness) P.O. Box 477 Rice Lake, WI 54868	(715) 736-0089
Pink Ribbon Advocacy, Inc. Financial assistance to breast cancer patients. 2071 9 ½ St. Cumberland, WI 54829	(715) 537-1400
The Arc Eau Claire (developmental disabilities) 800 Wisconsin St. Mailbox 86 Eau Claire, WI 54703	(715) 514-1825

United Cerebral Palsy West Central Wisconsin, Inc. (888) 845-5775
206 Water St. Eau Claire, WI 54703

Wisconsin Board for People with Developmental Disabilities
201 W Washington Ave. Suite 110 Madison, WI 53703 (888) 332-1677

Alzheimer's Disease, Dementia & Memory Loss

Local:

- **Alzheimer's Information and Support** (715) 537-6225
ADRC 330 E LaSalle Ave. Room 100 Barron, WI 54812
- **Alzheimer's Caregiver Support Group** (715) 537-6225
Meets 2nd Tuesday of the month at Bethany Lutheran Church in Rice Lake.
- **DAYBREAK** (715) 537-6225
A group activity and respite care program for early to mid-stage Alzheimer's Disease or related memory disorders. The DAYBREAK program is available in Barron and Rice Lake.
ADRC 330 E LaSalle Ave. Room 100 Barron, WI 54812
- **Memory Care Connections** (888) 538-3031
Provide knowledge and support to people caring for their spouse with dementia.
- **Project Lifesaver – Barron County** (715) 537-6595
Through Sheriff's Department to safeguard and locate individuals who may wander.

Alzheimer's Association of Greater Wisconsin (715) 635-6601
522 Service Rd. Suite 5 Spooner, WI 54801 24 hr helpline (800) 272-3900

Dementia Care Living Facilities (See Assisted Living)

MedicAlert & Safe Return (888) 572-8566
Emergency response service for wandering and medical emergencies.

Memory Clinics:

For the evaluation of memory problems

- **Clinics affiliated with WI Alzheimer's Institute** (715) 635-6601
- **Family Medicine Clinic** (715) 839-5175
617 W Clairemont Ave. Eau Claire, WI 54701

Call 715-537-6225 or visit our website www.adrcconnections.org

- **Gunderson Memory Disorders Clinic** (800) 362-9567
1900 S Ave. LaCrosse, WI 54601
- **Marshfield Clinic** (866) 333-1996
Memory Clinics in Rice Lake, Chippewa Falls, and Eau Claire.
- **Mayo Alzheimer's Disease Center** (507) 284-2511
200 First St. SW Rochester, MN 55905

Assisted Living

Adult Family Homes (715) 537-6225
Supervision, room and board provided. Private & semi private rooms. Homes have 2 to 4 residents. Licensed or certified. Call the ADRC for more information.

Residential Care Apartment Complexes (RCACs):

Individual apartments that provide additional services such as housekeeping, medication monitoring, dining options, and call buttons.

- **Brentwood Senior Communities** (715) 736-7400
633 Cameron Rd. Rice Lake, WI 54868
- **Maplecroft Retirement Community** (715) 537-9200
1333 E Memorial Dr. Barron, WI 54812
- **Pelican Place Apartments** (715) 924-4891
708 Tainter St. Chetek, WI 54728
- **Thomas Landing** (715) 736-6060
950 Bear Paw Ave. Rice Lake, WI 54868

Community Based Residential Facilities (CBRFs):

24-hour supervision, meals, medication monitoring, personal care, semi-private, private rooms or apartments. Facilities generally have 5-25 residents. State licensed.

- **Care Partners** (715) 234-7719
1627 Kern Ave. Rice Lake, WI 54868
- **Country Terrace** (715) 234-2012
1631 Kern Ave. Rice Lake, WI 54868
- **Monroe Manor** (715) 537-5700
508 E Monroe Ave. Barron, WI 54812

Call 715-537-6225 or visit our website www.adrcconnections.org

- **Our House** (715) 236-7211
415 E South St. Rice Lake, WI 54868
- **River's Edge** (715) 924-2964
251 Woodard St. Chetek, WI 54728

Memory Care Facilities:

Adult Family Homes, Community Based Residential Facilities, Residential Care Apartment Complexes, and Nursing Homes that specialize in caring for people with Alzheimer's or other dementia.

- **Colfax Health & Rehab Center** (715) 962-3186
1011 University Ave. Colfax, WI 54730
- **Dallas Care & Rehab Center** (715) 837-1222
104 E Dallas St. Dallas, WI 54733
- **Golden Age Manor** (715) 268-7107
220 Scholl Ct. Amery, WI 54001
- **Heritage Manor** (715) 234-2161
19 W Newton St. Rice Lake, WI 54868
- **Knapp Haven Nursing Home** (715) 924-4891
725 Knapp St. Chetek, WI 54728
- **Monroe Manor** (715) 537-5700
508 E Monroe Ave. Barron, WI 54812
- **Our House Memory Care** (715) 736-0347
413 E South St. Rice Lake, WI 54868
- **Thomas Landing Memory Care** (715) 736-6060
950 Bear Paw Ave. Rice Lake, WI 54868

Nursing Homes (see Nursing Homes)

Benefit Specialists

Help for older adults and people with disabilities to solve problems with Social Security, Medicare, Medicaid and other benefit programs.

Aging & Disability Resource Center (715) 537-6225
 330 E LaSalle Ave. Room 100 Barron, WI 54812 (888) 538-3031

Caregivers/Respite

(Also see Home Care, Assisted Living, and Nursing Homes for agencies that may provide weekend or short-term care.)

DAYBREAK (715) 537-6225
 A group activity and respite care program for early to mid-stage Alzheimer's Disease or related memory disorders. The DAYBREAK program is available in Barron and Rice Lake.

ADRC 330 E LaSalle Ave. Room 100 Barron, WI 54812

Family Caregiver Support Services (715) 537-6225
 Provides support services to families who provide care to persons age 60 or older and to grandparents or older relatives with minor children living in their home.

ADRC 330 E LaSalle Ave. Room 100 Barron, WI 54812

Memory Care Connections (888) 538-3031
 Provide knowledge and support to people caring for their spouse with dementia.

Center for Independent Living

Provides information and referral, peer support, independent living skills training and advocacy services for people with disabilities. ADA consultation, adaptive equipment and home modifications, financial and medical benefits consultation, housing and transportation information.

Center for Independent Living Western Wisconsin (715) 736-1800
 312 W Knapp St. Suite 1 Rice Lake, WI 54868 (866) 419-1260

WisLoan (715) 736-1800
 Low-interest loan for adaptive equipment. (866) 419-1260

Center for Independent Living
 312 W Knapp St. Suite 1 Rice Lake, WI 54868

Call 715-537-6225 or visit our website www.adrcconnections.org

Consumer Protection/Fraud

Barron County Sheriff's Department (715) 537-3106

For complaints about identity theft and fraud.

Justice Center 1420 State Hwy 25 N Barron, WI 54812

Better Business Bureau of WI, Inc. (800) 273-1002

10101 W Greenfield Ave. Milwaukee, WI 53201

Department of Agriculture, Trade & Consumer Protection (800) 422-7128

P.O. Box 8911 Madison, WI 53708 TTY (608) 224-5058

Office of the Commissioner of Insurance (800) 236-8517

For complaints about insurance.

P.O. Box 7873 Madison, WI 53707

Wisconsin Do Not Call List (866) 966-2255

Deaf & Hard of Hearing

Center for Independent Living Western Wisconsin (715) 736-1800

312 W Knapp St. Suite 1 Rice Lake, WI 54868

(866) 419-1260

Office for the Deaf and Hard of Hearing (715) 836-2107

610 Gibson St. Suite 1 Eau Claire, WI 54701

TTY (888) 701-1254

Telecommunication Equipment Purchase Program (TEPP)

Helps persons who are deaf, hard of hearing, speech impaired, deaf with low vision, or deaf/blind purchase telecommunication equipment.

Contact for an application:

Wisconsin Public Service Commission (608) 231-3305

P.O. Box 7854 Madison, WI 53707

TTY (800) 251-8345

Wisconsin Telecommunications Relay Systems

Allows a text telephone to be used by someone who may be deaf, hard of hearing or speech impaired to call or be called by virtually anyone using a voice telephone. Calls may be placed 24 hours a day, 7 days a week. All calls are confidential.

Voice 711 or (800) 947-6644

TTY 711 or (800) 947-3529

ASCII 711 or (800) 272-1773

Speech to Speech 711 or (800) 833-7637

Spanish only 711 or (800) 833-7813

Dental Resources

Dental providers listed serve all patients, regardless of ability to pay or insurance status.

Rice Lake Dental Center 1501 W Stout St. Rice Lake, WI 54868	(715) 236-8900
Rural Health Dental Clinic 212 Maple St. Turtle Lake, WI 54889	(715) 986-2599
Affordable Dentures 4850 Keystone Crossing, Eau Claire, WI 54701	(715) 855-1020
Donated Dental Services Volunteer dentist in your area. P.O. Box 14173 West Allis, WI 53214	(866) 812-9840

Emergency Needs – Housing, Gas, Food

(Also see Food & Nutrition Programs, Housing)

911 – Police, Sheriff, Fire and Rescue emergencies, call 911.

American Red Cross Western Wisconsin Chapter 101 N Wilson Ave. Rice Lake, WI 54868	(715) 234-4888 After hrs. emergency (800) 261-4182
Association of Churches for Emergency Outreach Serves Rice Lake area only. Leave message on pager.	(715) 434-2236
Benjamin House Homeless shelter serving individuals and families. 1107 Heart Island Pkwy. Rice Lake, WI 54868	(715) 736-2437
Harvest of Hope Fund Emergency needs for food, home heating fuel, medical expenses, re-training, and other immediate situations for farm families. 7118 Old Sauk Rd. Madison, WI 53717	(608) 836-4633
Rice Lake Guest House Short-term emergency housing. 1113 Heart Island Pkwy. Rice Lake, WI 54868	(715) 234-4811

Call 715-537-6225 or visit our website www.adrconnections.org

Rural Housing, Inc. (888) 400-5974
 Critical housing assistance.
 4506 Regent St. Madison, WI 53705

Salvation Army (715) 537-5691
 Emergency funds through:
Barron County Department of Health & Human Services
 330 E LaSalle Ave., 3rd Floor, Barron, WI 54812

St. Vincent de Paul (715) 736-1601
 Emergency funds available; leave message and call will be returned within 24 hrs.

West CAP (715) 265-4271
 P.O. Box 308 Glenwood City, WI 54013 (800) 606-9227

Employment

Job training, counseling and employment opportunities for older adults, veterans, and people with disabilities.

Barron County Developmental Disabilities Services (715) 537-5341
 Vocational Day Program.
 175 Lake St. Barron, WI 54812

Barron County Job Center (715) 234-6826
 Provides assistance for employers and individuals seeking employment.
 331 S Main St. Rice Lake, WI 54868

Programs located at the Barron County Job Center:

- **Division of Vocational Rehabilitation (DVR)** (715) 234-6806
 Provides employment services and counseling to people with disabilities.
- **Senior Citizens Employment and Training, Inc.** (715) 839-5058
 Office hours at Barron County Job Center. (888) 772-4337
- **Veterans Assistance** (715) 234-6826
 Office hours at Barron County Job Center.
- **Workforce Resource Inc.** (715) 234-6302
 Serves unemployed, underemployed and refugees. (715) 234-6826
 Somali (715) 537-3404

Stout Vocational Rehabilitation Institute (715) 232-2513
 Private pay vocational evaluation & training.
 101 Vocational Rehabilitation Menomonie, WI 54751

Venture's Unlimited (715) 458-5005
 Vocational Day Program. Locations in Cameron & Shell Lake.
 700 N 1st St. Cameron, WI 54822

Energy/Utility Assistance

Energy Assistance Program (715) 537-5691
 Provides financial assistance with heating bills, furnace tuning & replacement, and weatherization for income-eligible households.

Barron County Department of Health and Human Services
 330 E LaSalle Ave., 3rd floor, Barron, WI 54812

Lifeline & Link-Up Program

To apply, contact your local telephone company and say you want to apply for the Lifeline & Link-up programs for Wisconsin. Lifeline & Link-up are programs designed to help low-income people or people on a fixed income, reduce their phone or cell phone bill and assist with telephone service connection and installation. Eligible customers must be in a low-income household or receive a benefit from one of the following: Wisconsin Works, Medicaid, Supplemental Security Income (SSI), FoodShare, Energy Assistance, or Homestead Credit. This program does not assist with past-due bills.

SafeLink Wireless (800) 977-3768
 Free cellular service and cell phone through Lifeline for low-income persons.

USDA Rural Development (715) 635-8228
 Provides low-interest loans for home weatherization.
 800 N Front St. Room 102 Spooner, WI 54801

Family Care

Services are provided to give people an alternative to nursing home care. Eligibility is based on functional ability as well as income and assets.

Aging & Disability Resource Center (715) 537-6225
 330 E LaSalle Ave. Room 100 Barron, WI 54868 (888) 538-3031

Food & Nutrition Programs

Meals On Wheels (715) 537-6225
 ADRC 330 E LaSalle Ave. Room 100 Barron, WI 54812

FoodShare (715) 537-5691
 Provides monthly benefits to help low-income households buy food.
Barron County Department of Health and Human Services
 330 E LaSalle Ave., 3rd floor, Barron, WI 54812

Food Pantries & Meals:

- **Cameron Food Pantry**
 300 N 1st St. Cameron, WI 54822
 Tuesday, 9:00 a.m.-11:00 a.m. Thursday, 1:00 p.m.-3:00 p.m.
- **Chetek Food Shelf, Inc.** (715) 925-3500
 121 2nd St. Chetek, WI 54728
 Tuesday & Thursday, 10:00 a.m.-1:00 p.m.
- **Community Connections Lunch Box Program** (715) 234-2828
 35 W Messenger St. Rice Lake, WI 54868
 Lunch served Tuesday, Noon-1:00 p.m.
- **Cumberland Food Pantry** (715) 822-2004
 1356 2nd Ave. Cumberland, WI 54829
 Friday, 1:00-3:00 p.m.
- **Good Samaritan Ministries (On-call)** (715) 234-4230
 2058 15th Ave. Cameron, WI 54822
- **Cupboard & Closet** (715) 637-3499
 411 E LaSalle Ave. Barron, WI 54812
 Tuesday, 9:30a.m.-12:30 p.m. Thursday, 2:00 p.m.-4:45 p.m.
- **Hands of Help** (715) 234-7212
 20 W Messenger St. Rice Lake, WI 54868
 Meal served the last two Fridays of every month at 6:00 p.m.
- **Meal from the Heart** (715) 537-3575
 4 W LaSalle St. Barron, WI 54812
 Hot meal served 4th Thursday of the month at 5:30 p.m.

- **Paul's Pantry** (715) 234-2372
 40 S Main St. Rice Lake, WI 54868
 Tuesday & Thursday, Noon-2:00 p.m.
 Lunch served Mon., Wed., Thurs. & Fri., Noon – 1:00 p.m.
- **Prairie Farm and Ridgeland Food Pantry** (715) 455-1140
 American Legion Building Prairie Farm, WI 54762
 Tuesday, 2:00 p.m.-4:00 p.m.
- **Ruby's Pantry** (715) 458-0121
 Cameron Diesel Repair, 2nd driveway south of Mix-Crete on Hwy SS
 Food distribution 3rd Saturday of every month, 9:00 a.m. -11:00 a.m. (\$15 donation)
- **Ruby's Pantry** (715) 822-2830
 Cumberland Elementary School, 1530 2nd Ave.
 Food distribution 1st Saturday of every month, 8:00 a.m. (\$15 donation)
- **Sister's Emergency Food Cupboard** (715) 434-4332
 1108 Heart Island Pkwy. Rice Lake, WI 54868
 Tues., 9:30 – 11:00 a.m. Wed., 12:00 – 1:30 p.m. Thurs., 4:00 – 5:30 p.m.
- **Turtle Lake Food Pantry** (715) 986-2241
 Village Hall 114 Martin Ave. East Turtle Lake, WI 54889
 Thursday, 1:00 p.m.-3:00 p.m.
- **We Share Food Pantry** (715) 236-9188
 400 W Coleman St. Rice Lake, WI 54868
 Tuesday, 10:30 a.m.-Noon Thursday, 1:00 p.m.-2:30 p.m.

Grocery Shopping Assistance (check with local grocer for delivery service)

Harvest of Hope Fund (608) 836-4633
 Emergency needs for food, home heating fuel, medical expenses, re-training, and other immediate situations for farm families.
 7118 Old Sauk Rd. Madison, WI 53717

Liquid Nutritional Supplements (715) 537-6225
 ADRC 330 E LaSalle Ave. Room 100 Barron, WI 54812

SHARE Program (800) 548-2124
 A co-op food purchasing program. Monthly food packages of 15-18 items for \$15 a month and 2 hours of community service.

Health Insurance Programs

Medical Assistance (Medicaid) (715) 537-5691
Barron County Department of Health and Human Services
 330 E LaSalle Ave., 3rd Floor, Barron, WI 54812

Medicaid & SSI Recipient Service Hotline (800) 362-3002
 Answers questions for those receiving Medicaid including coverage, billing and prior authorization. Also provides referrals to dentist/dental services who accept Medicaid.

Medicare & Medicare Part D Information:

- **Medicare National Information Line** (800) 633-4227
- **Aging & Disability Resource Center** (715) 537-6225
- **Disability Drug Benefit Helpline** (800) 926-4862
- **Medicare Part D Information Line** (866) 456-8211

Insurance Benefit Problems (715) 537-6225
 Benefit Specialist Programs
 ADRC 330 E LaSalle Ave. Room 100 Barron, WI 54812

Prescription Assistance Resources (715) 537-6225
 ADRC 330 E LaSalle Ave. Room 100 Barron, WI 54812

SeniorCare (800) 657-2038
 A prescription program for Wisconsin residents age 65 or older. (715) 537-6225
 There are three levels of program participation, which is dependent on income.

ABC for Health Inc. (715) 485-8525
 Free health benefits counseling for low-income families and rural families.
 100 Polk County Plaza, Suite 180 Balsam Lake, WI 54810

Health Insurance Risk Sharing Plan (HIRSP) (800) 828-4777
 Offers health insurance to Wisconsin residents who, due to their medical conditions, are unable to find adequate health insurance coverage in the private market.
 6406 Bridge Rd., Suite 18 Madison, WI 53784

Medicare Fraud:

- **Aging & Disability Resource Center** (715) 537-6225

▪ **Coalition of Wisconsin Aging Groups (CWAG)** (800) 366-2990

▪ **Medicare Information Line** (800) 633-4227

Medigap Insurance Policies Helpline (800) 242-1060

Information on supplemental insurance policies and health insurance questions.

Office of the Commissioner of Insurance for Wisconsin (800) 236-8517

Regulates and enforces insurance laws, agent licensing and investigates complaints.

P.O. Box 7873 Madison, WI 53707

Social Security Administration (888) 823-3923

1703 W Knapp St. Rice Lake, WI 54868

Health & Wellness

Barron County Public Health Office (715) 537-6580

330 E LaSalle Ave., 3rd Floor, Barron, WI 54812

Be Well Barron County (715) 537-6120

Local physical activity guides and resources for healthy eating available.

330 E LaSalle Ave., 3rd Floor, Barron, WI 54812

Classes:

▪ **Balance & Beyond Exercise Classes** (715) 236-6207

Spring & Fall classes held at Brentwood Senior Communities in Rice Lake.

▪ **Lifestyle Coaching Classes** (715) 822-6137

Healthier Cumberland Coalition

▪ **Living Well with Chronic Conditions Workshop** (715) 537-6225

ADRC 330 E LaSalle Ave. Room 100 Barron, WI 54812

▪ **Stepping On Falls Prevention Workshop** (715) 537-6225

ADRC 330 E LaSalle Ave. Room 100 Barron, WI 54812

Fancy Feet Foot Care (715) 837-1704

Toe nail clipping at your home or local Senior Centers.

Rice Lake Area Free Clinic (715) 736-3733

1035 N Main St. (Medical Arts Bldg.) Rice Lake, WI 54868

2nd & 4th Tuesday of the every month, 5:00-9:00 pm

Call 715-537-6225 or visit our website www.adrcconnections.org

Silver Sneakers

Provides a free fitness center membership to older adults whose health insurance plan participates. Check with your local health plan and fitness facility.

The Wisconsin Tobacco Quit Line

(800) 784-8669

Free information on quitting smoking, one-on-one telephone counseling, and referrals to local programs.

Wisconsin Well Woman Program

(715) 537-6580

Pays for Mammograms and other screenings for women age 45-64.

Barron County Public Health Office

330 E LaSalle Ave., 3rd Floor, Barron, WI 54812

Local Senior Centers may offer a variety of physical activity programs.

Home Care

Licensed Home Health Agencies:

Licensed home health agencies offer in-home skilled nursing, therapy services and personal care.

- **Hearts of Gold** (715) 468-2931
Serves Cumberland area. 38 5th Ave. Shell Lake, WI 54871
- **Indianhead Home Health/Home Services** (715) 537-3866
31 S 3rd St. Barron, WI 54812
- **Indianhead Medical Center Home Health** (715) 468-7833
Serves Cumberland area. 113 4th Ave. Shell Lake, WI 54871
- **Lakeview Home Care** (800) 732-1422
Serves Turtle Lake area. 225 Scholl Ct. Amery, WI 54001
- **Lakeview Medical Center Home Care** (715) 236-6256
1700 W Stout St. Rice Lake, WI 54868
- **Mayo Clinic Health System Home Health & Hospice** (715) 458-0803
1443 E Division Ave. Barron, WI 54812

In-home help:

Non-medical services such as bathing, homemaking, chores, transportation, meal preparation, respite care, companionship, errands. There is no licensure or regulation for in-home help agencies.

- **Chores & Care File (private pay)** (715) 537-6225
ADRC 330 E LaSalle Ave. Room 100 Barron, WI 54812
- **GEMINI Cares, Inc.** (877) 854-1411
P.O. Box 302 Cable, WI 54821
- **Help At Home, LLC** (715) 645-2598
110 S Lake Dr. Shell Lake, WI 54871
- **Indianhead Home Health/Home Services** (715) 537-3866
31 S 3rd St. Barron, WI 54812
- **Mayo Clinic Health System Home Health & Hospice** (715) 458-0803
1443 E Division Ave. Barron, WI 54812
- **Peaceful Living** (715) 386-7071
1200 Hosford St. Suite 107 Hudson, WI 54016

Hospice:

Home health care and support services for the terminally ill and their families.

- **Lakeview Home Care & Hospice** (800) 732-1422
Serves Turtle Lake area. 225 Scholl Ct. Amery, WI 54001
- **Lakeview Medical Center Hospice Care** (715) 236-6256
1700 W Stout St. Rice Lake, WI 54868
- **Mayo Clinic Health System Home Health & Hospice** (715) 458-0803
1443 E Division Ave. Barron, WI 54812

Housing – Assistance/Ownership

Help with escrow, taxes, purchase, and information.

- **Barron County Habitat for Humanity** (715) 234-2460
P.O. Box 389 Rice Lake, WI 54868

Call 715-537-6225 or visit our website www.adrcconnections.org

Movin Out, Inc. (877) 861-6746
 Member of household must have a permanent disability.
 600 Williamson St. Madison, WI 53703

Property Tax Deferral Loan Program (800) 755-7835
 Must be 65+. Applications may be obtained by contacting: TTY: (800) 943-9430
WHEDA
 P.O. Box 1728 Madison, WI 53701

Rural Housing, Inc. (888) 400-5974
 Critical housing assistance.
 4506 Regent St. Madison, WI 53705

Senior Tax Exchange Program Rice Lake (715) 234-8375
 Local property tax credit in exchange for volunteering Barron (715) 537-5612
 with students.

USDA Rural Development (715) 635-8228
 800 N Front St. Room 102 Spooner, WI 54801

West CAP (800) 606-9227
 P.O. Box 308 Glenwood City, WI 54013

Housing – Renting

Senior Apartments:

- **Brentwood Senior Communities** (715) 736-7400
 633 Cameron Rd. Rice Lake, WI 54868
- **Care Properties** (715) 234-7719
 1635 Kern Ave. Rice Lake, WI 54868
- **Lakewood Regency Apartments** (715) 822-2741
 1110 7th Ave. Cumberland, WI 54829
- **Maplecroft Retirement Community** (715) 537-9200
 1333 E Memorial Dr. Barron, WI 54812
- **Thomas Landing** (715) 736-6060
 950 Bear Paw Ave. Rice Lake, WI 54868

Subsidized Apartments:

Federally subsidized apartments for seniors, age 62+ and/or adults with disabilities who are capable of living independently.

- **Barron County Housing Authority** (715) 537-5989
 611 Woodland Ave. Barron, WI 54812
 Berger-Woodland Manor, Barron
 Lakeland Manor, Turtle Lake
 Norvin-Chateau, Haugen
 Portland Manor, Almena
 Parkeview Manor, Dallas
 Riverview Manor, Prairie Farm
- **Catholic Charities Bureau Housing Management** (715) 925-2015
 707 Tainter St. Chetek, WI 54728
 Evergreen Apartments, Chetek serves seniors.
- **Chetek Housing Authority** (715) 924-3300
 801 W Stout St. Chetek, WI 54728
 Lone Oak Apartments, Chetek
- **Cumberland Housing Authority** (715) 822-2005
 1295 6th Ave. Cumberland, WI 54829
 Island City Apartments, Cumberland
 Lakeview Apartments, Cumberland
- **Housing Authority City of Barron** (715) 537-5533
 123 E Franklin Ave. Barron, WI 54812
 Parklawn Apartments, Barron
- **Impact Seven** (715) 357-3334
 147 Lake Almena Dr. Almena, WI 54805
 Joseph Vinopal Villa, Almena
 BARC Lane, Chetek serves developmentally disabled
 Pioneer Housing & Scott Terrace, Prairie Farm
 James Bank Manor, Cameron
- **Landmark Company** (800) 924-3256
 Locations throughout Barron County.
- **Rice Lake Housing Authority** (715) 234-3721
 132 W Marshall St. Rice Lake, WI 54868
 Marshall Towers - 132 W Marshall St.
 Red Cedar Village - 23 E Eau Claire St.
 Water's Edge - 231 Reuter Ave.

Call 715-537-6225 or visit our website www.adrconnections.org

Riverside Arms - 423 Hatten Ave.

- **Turtle Lake Non-profit Housing** (715) 986-2504
1658 ¼ St. Turtle Lake, WI 54889
Lakeland Manor, Turtle Lake
- **Sunrise Meadow II (Barron)** (800) 606-9227 x 336
Handicap accessible.
- **Woodland Village Apartments** (715) 234-1590
1300 N Wisconsin Ave. Rice Lake, WI 54868

Subsidized Rent Vouchers:

- **Barron County Housing Authority** (715) 537-5344
- **Rice Lake Housing Authority** (715) 234-5221

Housing – Repairs/ Modifications/Weatherization

- Center for Independent Living** (715) 736-1800
Options for home accessibility.
312 W Knapp St. Suite 1 Rice Lake, WI 54868
- Volunteer Services of Barron County** (715) 236-2184
Volunteers to help build ramps and install grab bars.
330 E LaSalle Ave. Room 112 Barron, WI 54812
- Movin Out, Inc.** (877) 861-6746
Member of household must have a permanent disability.
600 Williamson St. Madison, WI 53703
- Rural Housing, Inc.** (888) 400-5974
Critical housing assistance.
4506 Regent St. Madison, WI 53705
- Tomorrow's Home Foundation** (608) 255-3131
Manufactured/mobile homes.
301 N Broom St. Suite 101 Madison, WI 53703
- USDA Rural Development** (715) 635-8228
800 N Front St. Room 102 Spooner, WI 54801

Call 715-537-6225 or visit our website www.adrconnections.org

WisLoan (715) 736-1800
 Adaptive equipment.
Center for Independent Living
 312 W Knapp St. Suite 1 Rice Lake, WI 54868

Check with local city/village governments for “Block Grants”

Legal/Benefit Assistance

Benefit Specialists (715) 537-6225
 Assistance with Social Security, Medicare, Medicaid, and other benefit programs. For people over 60 and adults with disabilities.
ADRC 330 E LaSalle Ave. Room 100 Barron, WI 54812

Disability Rights Wisconsin (715) 736-1232
 217 W Knapp St. Rice Lake, WI 54868 (877) 338-3724
 TTY (888) 758-6049

Family Services of Barron County (715) 537-5886
 Corporate guardianship services.
 327 E LaSalle Ave. Barron, WI 54812

Helping Hands Family Services, Inc. (715) 462-9630
 Corporate guardianship services.
 P.O. Box 21 Hayward, WI 54843

House Calls, Inc. (715) 232-6475
 Corporate guardianship and representative payee services.
 P.O. Box 361 Menomonie, WI 54751

Payee Services, Inc. (715) 233-0203
 Corporate guardianship and representative payee services.
 P.O. Box 26 Menomonie, WI 54751

Safekeeping Guardianship Inc. (715) 403-0451
 Corporate guardianship services.
 103 E Miner Ave. Ladysmith, WI 54848

Wisconsin Guardianship Support Center (800) 488-2596
 Coalition of Wisconsin Aging Groups

Wisconsin Judicare, Inc.

(800) 472-1638

Legal services program for low-income persons.
P.O. Box 6100 Wausau, WI 54402

Wisconsin State Bar Association Lawyer**Referral & Information Services**

(800) 362-9082

Does not provide referrals for pro-bono or reduced rates.

Medical Equipment

Wheelchairs, hospital beds, grab bars, medical supplies, etc. Local pharmacies may have additional medical supplies/equipment.

Apria Healthcare Inc.

(715) 234-6961

2021 Kern Ave. Rice Lake, WI 54868

Loan Closet

(715) 537-6225

Used medical equipment such as wheelchairs, walkers, etc. Donations are welcome.

ADRC 330 E LaSalle Ave. Room 100 Barron, WI 54812

Center for Independent Living Western Wisconsin

(715) 736-1800

312 W Knapp St. Suite 1 Rice Lake, WI 54868

(866) 419-1260

Home Health Resources

(866) 363-2028

127 Keller Ave. N Amery, WI 54001

Home Medical Products & Services

(715) 234-5000

1590 McCauley Ave. Rice Lake, WI 54868

(800) 528-9969

Wheelchair Recycling Program

(608) 243-1785

Low-cost & refurbished mobility and medical equipment.

2554 Advance Rd. Madison, WI 53718

Medication Management

Alpine Medical Alert, Inc.

(877) 546-2349

Medication dispenser & reminder service.

331 S. Main St. Suite E #217 Rice Lake, WI 54868

Disposal Options:

- **Medication Return Drop Box** (24/7 disposal)

Justice Center, 1420 State Hwy 25 N Barron, WI 54812

Call 715-537-6225 or visit our website www.adrcconnections.org

▪ **Sharps Disposal** (715) 537-6580
 Barron County Public Health Office accepts full sharps containers free of charge
 330 E LaSalle Ave., 3rd Floor, Barron, WI 54812

Medicine Shoppe Pharmacy (715) 234-9021
 Weekly medication set up \$3/week fee.
 8 E Koepp St. Rice Lake, WI 54868

Ohde Pharmacy Medi-set Service (715) 924-3592
 Weekly medication set up \$15/mo. fee. Delivery to homebound in Chetek.
 628 2nd St. Chetek, WI 54728

Prescription Drug Plan Selection Assistance (715) 537-6225
 ADRC 330 E. LaSalle Ave. Room 100 Barron, WI 54812

RXMedMinders Telephone Reassurance Calls (608) 963-1334
 1 to 3 call reminders to take medications per day.

Mental Health & Substance Abuse

Local Crisis Phone Number (888) 552-6642

Alcoholics Anonymous (715) 931-8262
 Support groups around Barron County

Amery Regional's Behavioral Health Center (715) 268-0069
 Specializing in mental health for seniors, inpatient/outpatient.
 230 Deronda St. Amery, WI 54001

Barron County Behavioral Health Services (715) 537-5691
 330 E LaSalle Ave., 3rd Floor, Barron, WI 54812

NAMI (National Alliance for the Mentally Ill) (715) 736-0089
 119 W Humbird St. Rice Lake, WI 54868

Narcotics Anonymous (866) 668-3580
 Support groups around Barron County.

New Directions (715) 234-3637
 Drop-in center.
 11 E Eau Claire St. Rice Lake, WI 54868

Wisconsin Council on Problem Gambling (800) 426-2535
1423 Kellogg St. Green Bay, WI 54303

Wisconsin Sowing the Seeds of Hope Program (800) 942-2474
Counseling assistance to farmers.
P.O. Box 8911 Madison, WI 53708

Women's Way Program–Lutheran Social Services (715) 537-6368
Provides free case management to women with addictions.
330 E LaSalle Ave. Barron, WI 54812

Check your local phone book for counseling agencies.

Nursing Homes (Skilled Nursing Facilities)

For assistance in paying for nursing home care, information on area nursing homes, or other options to nursing home placement contact:

Aging & Disability Resource Center (715) 537-6225
330 E LaSalle Ave. Room 100 Barron, WI 54812 (888) 538-3031

Barron Care & Rehab Center (715) 537-5643
660 E Birch Ave. Barron, WI 54812

Cumberland Memorial Hospital Extended Care (715) 822-6113
1110 7th Ave. Cumberland, WI 54829

Dallas Care & Rehab Center* (715) 837-1222
104 E Dallas St. Dallas, WI 54733

Heritage Manor Skilled Nursing & Rehabilitation* (715) 234-2161
19 W Newton St. Rice Lake, WI 54868

Knapp Haven Nursing Home* (715) 924-4891
725 Knapp St. Chetek, WI 54728

Mayo Clinic Health System Northland Nursing Home (715) 537-5322
1222 E Woodland Ave. Barron, WI 54812

Pioneer Nursing Home (715) 455-1178
530 River Ave. Prairie Farm, WI 54762

Rice Lake Convalescent Center (715) 234-9101
1016 Lakeshore Dr. Rice Lake, WI 54868

* **Have dementia units**

Personal Safety Systems

Personal Safety Systems allows individuals to call for assistance at the touch of a button. Call button can be worn as a pendant or wristband. Additional features may be available.

Local:

- **Alpine Medical Alert** (no landline needed) (877) 546-2349
331 S Main St. Ste E Rice Lake, WI 54868
- **Companion Solutions, LLC** (715) 651-5388
2972 28 7/16 St. Birchwood, WI 54817
- **Cumberland Memorial Hospital-Lifeline** (715) 822-2741
1110 Seventh Ave. Cumberland, WI 54829
- **Lakeview Medical Center-Lifeline** (715) 236-6209
1700 W Stout St. Rice Lake, WI 54868
- **Project Lifesaver – Barron County** (715) 537-6595
Through Sheriff’s Department to safeguard and locate individuals who may wander.

Chippewa Valley Electric – CareCall (800) 300-6800
P.O. Box 575 Cornell, WI 54732

MedicAlert & Safe Return (888) 572-8566
Emergency response service for wandering and medical emergencies.

Representative Payee Services

Beneficial Rep Payee Services, Inc. (715) 831-9349
P.O. Box 3153 Eau Claire, WI 54702

House Calls, Inc. (715) 232-6475
P.O. Box 361 Menomonie, WI 54751

Payee Services, Inc. (715) 233-0203
P.O. Box 26 Menomonie, WI 54751

Call 715-537-6225 or visit our website www.adrconnections.org

Seboe Services, Inc.

(715) 434-1042

P.O. Box 651 Rice Lake, WI 54868

Senior Centers

Provide recreation activities for older adults, cards, crafts, dancing, trips, movies, exercise, delicious meals, etc.

Barron Senior Center

(715) 537-5726

12 N 3rd St. Barron, WI 54812**Cameron Senior Center**

(715) 458-2765

512 Main St. Cameron, WI 54822

Chetek Community Center

(715) 924-3121

711 1st St. Chetek, WI 54728**Cumberland Senior Center**

(715) 822-8794

1255 Webb St. Cumberland, WI 54829

Haugen Senior Center

(715) 234-4630

108 3rd St. Haugen, WI 54841**Rice Lake Senior Center**

(715) 234-7224

12 W Humbird St. Rice Lake, WI 54868

Senior Dining

Delicious and nutritious meals provided at senior centers and other community places.

Almena Township Hall

(715) 357-6016

West Soo Ave. Almena, WI 54805

Tuesday & Thursday

Barron Senior Center

(715) 537-5726

12 N 3rd St. Barron, WI 54812

Monday-Friday

Cameron Senior Center

(715) 458-2765

512 Main St. Cameron, WI 54822

Tuesday, Wednesday, & Thursday. No reservations needed.

Chetek Community Center 711 1 st St. Chetek, WI 54728 Monday-Friday. No reservations needed	(715) 925-2600
Cumberland Senior Center 1255 Webb St. Cumberland, WI 54829 Monday-Friday	(715) 822-8794
Dallas Senior Center Dallas St. Dallas, WI 54733 Thursday	(715) 837-1186
Haugen Senior Center 108 W 3 rd St. Haugen, WI 54841 Tuesday & Friday	(715) 234-4630
Prairie Farm Riverview Manor 126 Parker St. W Prairie Farm, WI 54762 Tuesday-Friday	(715) 455-1177
Rice Lake Senior Center 12 W Humbird St. Rice Lake, WI 54868 Monday-Friday	(715) 234-7227
Turtle Lake Becker St. Apartments 301 Becker St. Turtle Lake, WI 54889 Monday, Wednesday, & Friday	(715) 986-2034

Senior Newspaper

The Senior Review – A free monthly publication for Barron County seniors and caregivers providing information on local service organizations and activities. Available on tape for visually impaired persons.

Contact:

ADRC 330 E LaSalle Ave. Room 100 Barron, WI 54812 (715) 537-6225

Social Security & SSI

For information about Social Security, Medicare or Supplemental Security Income (SSI), contact:

Social Security Administration (888) 823-3923
1703 W Knapp St. Rice Lake, WI 54868

Call 715-537-6225 or visit our website www.adrcconnections.org

Support Groups

Alcoholics Anonymous Support groups around Barron County	(715) 931-8262
Alzheimer's Support Group Aging & Disability Resource Center	(715) 537-6225
Aphasia Communications Group Lakeview Medical Center, Rice Lake	(715) 236-6408
Breast Cancer Support Group Pink Ribbon Advocacy, Inc. Rice Lake	(715) 537-1400
Cancer Support Group Marshfield Clinic, Rice Lake	(715) 236-8235
Diabetes Information Group Lakeview Medical Center, Rice Lake	(715) 236-8251
Grandparents Re-enlisting Again Rice Lake	(715) 651-3720
Grief Support Group Lakeview Medical Center, Rice Lake	(715) 236-6256
NAMI (National Alliance for the Mentally Ill) Rice Lake	(715) 736-0089
Narcotics Anonymous Support groups around Barron County.	(866) 668-3580
Ostomy Support Group Rice Lake & Spooner	(715) 637-5020
Parkinson's Support Group Shell Lake	(715) 468-4334
Stroke Support Group Lakeview Medical Center, Rice Lake	(715) 236-6314
Traumatic Brain Injury Support Group Lakeview Medical Center, Rice Lake	(715) 234-0079

Call 715-537-6225 or visit our website www.adrconnections.org

Visually Impaired Support Group (715) 537-6225
Aging & Disability Resource Center, Barron

Women's Issues Support Group (Domestic Violence) (715) 537-6334
Barron County Department of Health & Human Services

Transportation Services

Medical – Non-Emergency: (*Lift-equipped available)

- **LogistiCare Solutions, LLC*** (866) 907-1493
For persons on Medical Assistance.
- **Namekagon Transit*** (866) 295-9599
County-wide public transportation. Door-to-door service, reservations required.
Reduced cost for seniors and people with disabilities.
- **Rice Lake City Cab** (715) 234-6305
30 E Eau Claire St. Rice Lake, WI 54868
- **Badger Taxi** (715) 434-4444
Serves Rice Lake area, open 24/7
- **American Cancer Society's Road-To-Recovery** (877) 423-9128
Transportation to cancer treatment.
- **Volunteer Services of Barron County, Inc.** (715) 236-2184
330 E LaSalle Ave. Room 112 Barron, WI 54812
- **Veterans Service Office (to VA Hospital/Clinic)*** (715) 537-6290
330 E LaSalle Ave. Room 103 Barron, WI 54812
- **Handi-Lift*** (715) 822-5077
1035 10th Ave. Cumberland, WI 54829
- **Northwoods Transport*** (715) 234-8499
205 Nottingham St. Rice Lake, WI 54868
- **Wrightway Medical Transport*** (715) 642-3951
901 25 ¼ St. Chetek, WI 54728

Call 715-537-6225 or visit our website www.adrconnections.org

Local Transportation: (*Lift-equipped available)

- **Namekagon Transit*** (866) 295-9599
County-wide public transportation. Door-to-door service, reservations required.
Reduced cost for seniors and people with disabilities.
- **Rice Lake City Cab** (715) 234-6305
30 E Eau Claire St. Rice Lake, WI 54868
- **Barron County Office on Aging*** (715) 537-6225
Local errands, grocery shopping, senior dining, call for options.
- **Badger Taxi** (715) 434-4444
Serves Rice Lake area, open 24/7
- **Wisconsin Mobility Management** (866) 295-9599
Free, personal assistance in finding transportation resources that meet your needs.

Other Transportation Related Resources:

- **Center for Independent Living Western Wisconsin** (800) 228-3287
Transportation voucher program (volunteer drivers).
- **Disabled Parking Permit** (608) 266-3041
Temporary & permanent available.
Wisconsin Motor Vehicle Dept
P.O. Box 7306 Madison, WI 53707
- **A&J Mobility** (715) 833-9830
Automobile and van adaptations.
3405 Truax Ct. Eau Claire, WI 54703
- **Driver Safety Assessment Program** (715) 236-6408
Lakeview Medical Center
- **Jefferson Bus Lines** (800) 451-5333
Eau Claire to Duluth, with stops in between, including Rice Lake.
- **Jump Start Program** (800) 606-9227
Vehicle purchase assistance for low-income persons through West CAP.
P.O. Box 308 Glenwood City, WI 54013
- **NWT Express (to Twin Cities for any reason)** (877) 698-3977
15954 River's Edge Dr. Hayward, WI 54843

Call 715-537-6225 or visit our website www.adrconnections.org

- **Rice Lake Shuttle Service (airport only)** (715) 859-6228
1761 25th St. Rice Lake, WI 54868

- **The Master's Driving School** (715) 532-0327
Driver evaluation and training for people with disabilities.
W7366 Flambeau Point Rd. Ladysmith, WI 54848

See also Home Care for agencies who provide transportation.

Veterans Services

- Veterans Service Office** (715) 537-6290
330 E LaSalle Ave. Room 103 Barron, WI 54812

- Minneapolis VA Medical Center** (612) 725-2000
Transportation available, call VSO (715) 537-6290

- Rice Lake VA Medical Clinic** (715) 236-3355
2700A College Dr. Rice Lake, WI 54868

- Veterans Employment Assistance** (715) 234-6826
Office hours at Barron County Job Center.

- Wisconsin Veteran's Home – Union Grove, Community-Based Residential Facility** (262) 878-5670
21425 D Spring St. Union Grove, WI 53182

- Wisconsin Veteran's Home – King, Nursing Home** (715) 258-5586
N2665 County Rd. QQ King, WI 54946

Vision – Blind/Low Vision

- Office for the Blind and Visually Impaired** (888) 879-0017
Free directory assistance exemption service & free home assessments from
rehabilitation specialist.
P.O. Box 7851 Madison, WI 53707

- Aging & Disability Resource Center** (715) 537-6225
Senior Review on tape and large-print calendars.
330 E LaSalle Ave. Room 100 Barron, WI 54812

Call 715-537-6225 or visit our website www.adrconnections.org

Center for Independent Living Western Wisconsin (715) 736-1800
312 W Knapp St. Suite 1 Rice Lake, WI 54868 (866) 419-1260

Hadley School for the Blind (800) 323-4238
Distance learning courses.
700 Elm St. Winnetka, IL 60093

Wisconsin Council of the Blind & Visually Impaired (608) 255-1166
Free canes. Sharper Vision Store (608) 237-8100
754 Williamson St. Madison, WI 53703

Wisconsin Talking Book & Brail Library
813 W Wells St. Milwaukee, WI 53233 (800) 242-8822

Volunteer Opportunities

Contact the ADRC for a list of volunteer opportunities. (715) 537-6225

Volunteer Services of Barron County (715) 236-2184
330 E LaSalle Ave. Room 112 Barron, WI 54812

Websites

Internet access is available at no cost at the local libraries. Classes on navigating the Internet are available at some libraries, senior centers, and Wisconsin Indianhead Technical College. If you do not have access to the Internet or require additional assistance accessing information off the Internet, please contact the Aging & Disability Resource Center and one of our Information & Assistance Specialists will assist you.

Alzheimer's Resources

Alzheimer's Association www.alz.org
Alzheimer's Disease Education and Referral www.nia.nih.gov/alzheimers
WI Adult Day Services Association www.wadsa.org

Benefits

Medicare www.medicare.gov
Social Security Administration www.ssa.gov
Wisconsin ACCESS www.access.wi.gov

Blind/ Low Vision

Office for the Blind and Visually Impaired www.dhs.wisconsin.gov/blind
Lighthouse International www.lighthouse.org
Wisconsin Council of the Blind www.wcblind.org

Caregiver Resources

National Alliance for Caregiving	www.caregiving.org
National Center on Caregiving	www.caregiver.org
National Family Caregivers Association	www.nfcacares.org
Caregiver Stress	www.caregiverstress.com
Wisconsin Family Caregiver Support Program	www.wisconsincaregiver.org

Deaf & Hard of Hearing

Office for Deaf and Hard of Hearing	www.dhs.wisconsin.gov/sensory
Wisconsin Association of the Deaf	www.wi-deaf.org

Employment

Department of Workforce Development	www.dwd.state.wi.us
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Government

Wisconsin Official State Government Site	www.wisconsin.gov
Legislative Hotline	www.legis.state.wi.us

Health Information

NIH Senior Health	www.nihseniorhealth.gov
Webmd	www.webmd.com

Organizations

AARP	www.aarp.org
Administration on Aging	www.aoa.dhhs.gov
Coalition of Wisconsin Aging Groups	www.cwag.org
Insurance Commissioner	www.oci.wi.gov
Greater Wisconsin Area Agency on Aging Resources	www.gwaar.org
WI Dept. of Health Services-Aging Services	www.dhs.wisconsin.gov/aging
WI Dept. of Health Services-Disability Services	www.dhs.wisconsin.gov/disabilities