

Location

Program services are available either at the Aging & Disability Resource Center office, Alzheimer's Association office or can be provided in your home.

Cost

There is no cost for participating in the program.

The **Memory Care Connections** program is available in Barron, Chippewa, Dunn, Eau Claire, Rusk and Washburn counties. Call today to find out how you can participate.

ADRC of Barron, Rusk, and Washburn Counties

715-537-6225
888-538-3031

ADRC of Chippewa County

715-726-7777
888-400-6920

ADRC of Dunn County

715-232-4006

ADRC of Eau Claire County

715-839-4735
888-338-4636

Alzheimer's Association – Chippewa Falls office

715-720-7611

MEMORY CARE
connections



alzheimer's 
association

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MEMORY CARE
connections



**Guiding You and
Your Family Through
Alzheimer's and
Related Dementias**

MEMORY CARE CONNECTIONS...Support for Spousal Caregivers

Caring for a spouse with Alzheimer's disease or other related dementia can be challenging without support.



Research has found that the **Memory Care Connections** program can reduce your stress and increase family support as you care for your spouse living with Alzheimer's disease or other related dementia.

The goal of the **Memory Care Connections** program is to provide knowledge and support to people caring for their husband or wife with dementia. When spouses who are also caregivers receive the support and services they need, the person with dementia also benefits.

Programs like **Memory Care Connections** have been shown to be effective in delaying the need for nursing home care.

Memory Care Connections is a research program for caregivers living with a spouse with Alzheimer's disease or other related dementia.

To participate, you need to:

- Be a resident of Barron, Chippewa, Dunn, Eau Claire, Rusk or Washburn county.
- Be open to sharing your experiences in caring for a family member.
- Attend six sessions with a Memory Care Connections Consultant.
- Have at least one family member participate in four of the sessions with you.
- Consider attending a caregiver support group.
- Be willing to participate in this research study.

**We're here to guide you.
Call us today.**

A Memory Care Connections Consultant will:

- Assess your situation and discuss your concerns.
- Help you and your family understand Alzheimer's disease and related dementias and how the disease may progress over time.
- Work with you and your family on developing a plan that supports you.
- Discuss strategies, provide coping tools and problem solving skills that will help reduce stress.
- Assist you in obtaining community resources and supportive services.
- Be just a phone call away.

